

Fire Fighter I & II Required Hours

For Programs using IFSTA Essentials of Fire Fighting, 5th Ed.

Instructions: fill in your programs cognitive and skill/manipulative hours for each topic, and fill in the dates you are covering each topic in the columns below. Note: Program Cognitive Hours must be at least equal to OSFM Required Cognitive Hours

Chapter	Class Topic	Date(s) Topic Taught by Program	OSFM Required Cognitive Hours	Program Cognitive Hours	Program Manipulative Hours
FIRE FIGHTER I					
1a	History and Orientation		3.5		
2	FF Health and Safety		3.5		
3	Fire Behavior		3.25		
4a	Building Construction		2.25		
5a	Protective Clothing (PPE)		2.25		
5b	SCBA		4.00		
6	Portable Extinguishers		2.00		
7	Ropes & Knots		3.25		
8a	Search, Rescue, and Removal Techniques (Carries, lifts, drags)		4.00		
9a	Forcible Entry - Tools		2.00		
9b	Forcible Entry - Techniques (Building Construction Features)		3.75		
10	Ground Ladders		3.50		

Chapter	Class Topic	Date(s) Topic Taught by Program	OSFM Required Cognitive Hours	Program Cognitive Hours	Program Manipulative Hours
11	Ventilation		3.00		
12a	Water Supply - Hydrants & Portable water		2.00		
13a	Fire Hose - Coupling, Loading & Rolling		2.50		
13b	Fire Hose - Laying, Carrying & Advancing		3.00		
14a	Fire Streams - Nozzles & Patterns		2.50		
15a	Fire Control - Class A, C, and D Fires, Vehicle and Wildland Fire Control		3.50		
16a	Fire Detection - Sprinkler Systems, Valves & Controls		1.50		
17	Loss Control- Salvage, Overhaul, and Protecting Property		2.50		
18a	Protecting Fire Scene Evidence		0.75		
19a	Fire Department Communications Equipment & Techniques		2.50		
Total Classroom Hours for FF-I			61.00		
	Fire Fighter II				
1b	Incident Management System		2.00		
4b	Construction Materials and Building Collapse		1.50		
8b	Rescue and Extrication Skills		4.50		

Chapter	Class Topic	Date(s) Topic Taught by Program	OSFM Required Cognitive Hours	Program Cognitive Hours	Program Manipulative Hours
8c	Vehicle Extrication & Special Rescue		5.00		
12b	Water Supply - sources, treatment, & distribution		1.50		
13c	Fire Hose - Appliances & Hose Testing		1.50		
14b	Foam Fire Streams - Applications & devices		3.00		
15b	Fire Control: Class B Fires, Ignitable Liquid & Flammable Gas Fire Control		1.50		
16b	Fire Detection - Alarm Systems and Detectors		2.00		
18b	Fire Cause & Origin		1.50		
19b	Radio Communication & Incident Reporting		1.50		
20	Fire Prevention & Public Education, Inspections, Tours, and Surveys		2.75		
IFSTA Essentials of Fire Fighting, 5th Ed.					
Total Classroom Hours for FF-II			28.25		
TOTAL CLASSROOM HOURS FOR FF-I & FF-II			89.25		
Indicate what dates you will complete the following requirements:					
Requirement		List Date(s)			
Live Fire Burn					
EMS: meets NFPA 1008 (8hrs)					
Blood Borne Pathogens					
CPR Card (8-12 Hours)					
Hazardous Materials Operations Level (NFPA 472)					